

## Ephesians 4

King James Version (KJV)

**4** I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, (Prisoner in God's love; Paul didn't volunteer. He was chosen by God to go out and teach God's Word. In return he was forgiven for his past sins of persecuting the Christian Church)

<sup>2</sup> With all lowliness and meekness, with longsuffering, forbearing one another in love; (lowliness = humility – better translation) (longsuffering = patience – an old English word)

(Love God, love your family, love your neighbors in the Christian Church)

<sup>3</sup> Endeavouring to keep the unity of the Spirit in the bond of peace. (The unity that God's Holy Spirit brings to Christians who study and live by His Word; not by the traditions of men that so many churches practice)

<sup>4</sup> There is one body, and one Spirit, even as ye are called in one hope of your calling; (There is one Christian Church, with God at its head)

<sup>5</sup> One Lord, one faith, one baptism, (No denominations or competing doctrines; the only true doctrine is the Bible – properly translated)

<sup>6</sup> One God and Father of all, who is above all, and through all, and in you all.

(One God – not a "trinity"; there is one God. HE has many offices – the Father <Yahoveh, the Creator>, Jesus Christ <God in the flesh, the Savior>, the Holy Spirit <the Comforter>, Melchizedek <who walked with Abraham>, the Angel of the Lord <God in angelic form>, etc. God is who He wants to be, where He wants to be and when He wants to be)

(During the Millennium Period, the office of Comforter will no longer be needed because we will be with Jesus, the Savior. During the Third Age, the Eternity, the office of Savior will no longer be needed because we will be with the Father, Yahoveh the Creator)

NOTE: (The Trinity was invented by the early Catholic Church in the second century AD. This doctrine of men led many people away from

Christianity; believing that Christianity was polytheism. Christianity is monotheism – There is only one God. HE has many offices)

<sup>7</sup> But unto every one of us is given grace according to the measure of the gift of Christ. (grace = unmerited favor – given freely to us by God)

<sup>8</sup> Wherefore he saith, When he ascended up on high, he led captivity captive, and gave gifts unto men. (he = the psalmist)

See Psalms-68:17-21 (God is the Psalmist)

<sup>9</sup> (Now that he ascended, what is it but that he also descended first into the lower parts of the earth? (After the crucifixion, Jesus went to paradise, to the people who had previously died. HE offered them the same salvation that He offers us. Many people accepted and were saved. God is fair to all of His children) 1Peter-3:19-20

<sup>10</sup> He that descended is the same also that ascended up far above all heavens, that he might fill all things.) (God came down to us as Jesus, a flesh man, to offer us salvation. Afterwards He ascended back to Heaven. The office of Jesus “sits” at the right hand of God <the Father, Yahoveh>. Jesus is the intercessor for us – against the accusations of Satan. HE is qualified to do that because He walked the earth as a flesh man, just like us)

Genesis-1:26-28 (God created Jesus in His own image as a flesh man. We created our flesh bodies in our own image. That began the Second Age – the Age of testing the flesh man – whether we will follow God or follow the ways of the world)

(Those of us who choose wisely will live with God in the eternity <the Third Age> in our spiritual bodies. Those who don’t will cease to exist. The word hell should be translated – the grave)

<sup>11</sup> And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; (God gave different people different gifts. We are supposed to work together as one Church <one body> under God)

(Paul was an evangelist and a Bible teacher. He was not a prophet)

<sup>12</sup> For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ: (perfecting = maturing; edifying = to build or to architect <Greek>)

(The body of Christ is the Christian church – the church that Jesus established; not the denominations that we see today)

<sup>13</sup> Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ: (the knowledge of the Son of God = to know that Jesus was God in the flesh; not His Son. God begat Himself through a virgin named Mary. Jesus called Himself – the son of man. People called Him the Son of God)

(perfect = mature; become a mature Christian who understands God's Word on a deeper level)

<sup>14</sup> That we henceforth be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness, whereby they lie in wait to deceive;  
(Denominations were springing up everywhere)

NOTES: (That still happens today. People come up with new doctrines every day – usually for money and ego. They pretend to be Christian preachers with a new interpretation or doctrine – Mormons, Jahova's Witnesses, Born Again, etc)

(All these doctrines are what God calls "traditions of men which make void the Word of God". Stay away from them. Learn what the Bible teaches and be blessed by God. The world will hate you for it, but God will love you)

<sup>15</sup> But speaking the truth in love, may grow up into him in all things, which is the head, even Christ: (to fulfill their part in the Christian Church of God)

<sup>16</sup> From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love. (edifying = to build or to architect <Greek>)  
(All parts working together for one purpose <like a body> – to help bring God's salvation to all people who want it)

<sup>17</sup> This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind, (Don't go with the ways of the world. Stick to God's Word and be blessed)

<sup>18</sup> Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart: (They refuse God's Word and end up groping in the darkness of confusion, perversion, political correctness and sin)

<sup>19</sup> Who being past feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness. (past feeling = cauterized; It stops the bleeding and heals the wound, but it destroys all the nerves in that area. There is no feeling left from a cauterized wound. Spiritually, they lose the feeling to discern right from wrong)

(lasciviousness = lust, perversion; greediness = greed, avarice, love of money and power, selfishness)

<sup>20</sup> But ye have not so learned Christ; (Jesus taught truth and love. HE never gave in to the temptations of the world)

<sup>21</sup> If so be that ye have heard him, and have been taught by him, as the truth is in Jesus: (Jesus showed us how to live. HE gave us salvation with repentance when we mess up)

<sup>22</sup> That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; (As people are, who are stuck in the ways of the world. Walk away from that and don't look back)

<sup>23</sup> And be renewed in the spirit of your mind; (Christianity renews us – Jesus gives us a fresh start to repent and live righteously. When you sin, repent and get back into God's Word)

<sup>24</sup> And that ye put on the new man, which after God is created in righteousness and true holiness. (God gave men free will. Some choose to become evil, while others choose goodness)

<sup>25</sup> Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another. (God hates liars; always speak the truth) Zechariah-8:16

<sup>26</sup> Be ye angry, and sin not: let not the sun go down upon your wrath: (Make peace with others, if possible. If it is impossible, then at least, get rid of your anger before you go to bed. Let it go) Psalms-37:8-11

<sup>27</sup> Neither give place to the devil. (Don't argue with Satan; tell him to get lost, in the name of Jesus Christ)

NOTE: (Satan is a dead man walking. He was sentenced to death in the First Age. God allows him to exist in this Age, only as a test for us. Choose God and you will have eternal life in Paradise. If you choose the devil, he'll make you rich and powerful in this life; but you will have no part in the next. We make our own fate)

<sup>28</sup> Let him that stole steal no more: but rather let him labour, working with his hands the thing which is good, that he may have to give to him that needeth. (Be productive. Work honestly to make an honest profit; so you can help yourself and those who need your help. Never resort to ill gotten gains. They won't benefit you in the least)

<sup>29</sup> Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers. (Do not speak evil against people. Do not speak evil against a ministry that is teaching God's true Word and not doctrines of men. Speak of the good things that we can accomplish as Christians. Use your Christianity in a positive way to encourage others)

<sup>30</sup> And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption. (Speak well of God to help others to find Him. So many people are walking around dazed and confused. They have been taught traditions of men that make no sense. They don't know how to move forward)

<sup>31</sup> Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: (Put away bad feelings like you put away anger and hate. We have good things to look forward to, regardless of our situation today)

<sup>32</sup> And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you. (Love others as you would have God love you)