Romans 7
King James Version (KJV)

7 Know ye not, brethren, (<u>for I speak to them that know the law</u>,) how that the law hath dominion over a man as long as he liveth?

(The Ten Commandments teach us the right way to live without sin)

²For the woman which hath an husband is bound by the law to her husband so long as he liveth; but if the husband be dead, she is loosed from the law of her husband. (The marriage contract is intended to be until death. Monogamy is healthy both physically and mentally for both man and woman. After death of one spouse, the other is free to remarry or to stay single)

Jeremiah-3:8 (God divorced Israel because she was unfaithful. The same applies to a marriage contract. If one or both are unfaithful, divorce may be the only option)

NOTE: (People who live in polygamy or just in "hook up" culture risk all sorts of diseases. That lifestyle also has a detrimental effect on happiness and usually causes depression. Further to live like that actually reduces or ends our ability to bind with another person. Once that's gone, the odds of having a successful marriage are little to none)

³So then if, while her husband liveth, she be married to another man, she shall be called an adulteress: but if her husband be dead, she is free from that law; so that she is no adulteress, though she be married to another man. (Adultery is a sin, but it is not the unforgivable sin. With repentance, adultery is forgiven and the sinner has a new chance to do right)

⁴Wherefore, my brethren, ye also are become dead to the law by the body of Christ; that ye should be married to another, even to him who is raised from the dead, that we should bring forth fruit unto God. (Bringing forth fruit unto God is to do good works for God)

For when we were in the flesh, the motions of sins, which were by the law, did work in our members to bring forth fruit unto death. (Doing evil can bring you to a spiritual death)

⁶But now we are delivered from the law, that being dead wherein we were held; that we should serve in newness of spirit, and not in the oldness of the letter. (We are not delivered from the law. We are delivered from the blood ordinances that were taught under the Old Testament. Repentance and forgiveness have replaced those blood ordinances)

⁷What shall we say then? Is the law sin? God forbid. Nay, I had not known sin, but by the law: for I had not known lust, except the law had said, Thou shalt not covet. (The law is just the set of rules that teach us how to have a good healthy happy life. If we sin and break the law, thanks to Jesus Christ, we can repent and be forgiven)

NOTE: (To the ignorant churches that teach – once saved, always saved. They are totally wrong. When we sin, we must repent in order to be forgiven. A saved person who never repents after they sin can go so bad, that they can end up losing their salvation)

But sin, taking occasion by the commandment, wrought in me all manner of concupiscence. For without the law sin was dead. (People who have never received the Ten Commandments are innocent. You can't break the law if you never heard of it)

(But you can do a lot of evil regardless. We all have a conscience. We know that murder and theft is wrong. Innocence has its limits)

(A soldier killing the enemy to defend his home and his country is not murder) Psalms-144

For I was alive without the law once: but when the commandment came, sin revived, and I died. (But after receiving the Ten Commandments, you know what is right and what is wrong. If you don't change your ways, you are sinning)

¹⁰And the commandment, which was ordained to life, I found to be unto death. (Because he was breaking that law)

- ¹¹For sin, taking occasion by the commandment, deceived me, and by it slew me. (When God corrected Paul on the way to Damascus, he learned that he had committed great sins by persecuting Christians)
- ¹² Wherefore the law is holy, and the commandment holy, and just, and good. (God gave us the law on Mount Sinai. The law is good. People are weak. That's why God gave us the gift of repentance and forgiveness)
- ¹³ Was then that which is good made death unto me? God forbid. But sin, that it might appear sin, working death in me by that which is good; that sin by the commandment might become exceeding sinful. (Paul studied the scriptures but he missed the coming of Jesus as Messiah. He thought that Christianity was against God's wishes. After God corrected him, he repented. He spent the rest of his life bringing many people into Christianity. He went on to become one of the greatest Bible teachers of all time)
- ¹⁴ For we know that the law is spiritual: but I am carnal, sold under sin.
- ¹⁵ For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. (We all mean to do well, but we are weak. We all sin sooner or later)
- ¹⁶ If then I do that which I would not, I consent unto the law that it is good. (The fact that we occasionally sin does not make the law bad. The law is good. It's up to us to change our ways, repent, and try to do right again)
- "Now then it is no more I that do it, but sin that dwelleth in me. (Temptation can distort our sense of morality. It can weaken our self control)
- ¹⁸ For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. (The spirit knows right from wrong but the flesh is weak. We're all born with a conscience. Jesus is the only one that lived a perfect life without sin. The rest of us all fall short)

- ¹⁹ For the good that I would I do not: but the evil which I would not, that I do.
- ²⁰ Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. (We need to learn to control the temptations of the world. With practice we get better at it)
- ²¹ I find then a law, that, when I would do good, evil is present with me. (Temptation is always there, waiting for us to fail)
- ²²For I delight in the law of God after the inward man: (Our spiritual self agrees with the Ten Commandments)
- ²³ But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. (The needs of the flesh man can cause us to sin)
- ²⁴O wretched man that I am! who shall deliver me from the body of this death? (Jesus Christ, the Savior, will deliver us from death; if we accept Him and His doctrine. Jesus said I am the way, the truth and the life) John-14:6
- ²⁵I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin. (The flesh is always tempted, but the spirit can win over the flesh. Practice resisting temptation makes us stronger with time. Sin becomes less and less tempting if we work at doing what is right)

John-8:32 (You shall know the truth and the truth shall set you free)