Hebrews 4

King James Version (KJV)

4 Let us therefore <u>fear</u>, lest, a promise being left us of entering into his <u>rest</u>, any of you should seem to come short of it. (<u>fear-also means revere</u>; fear God if you hate Him, revere God if you love Him) (<u>rest = abode - Sabbath</u>)

Isaiah-26:43 (Remind God of His promises, so that He can bless you with them)

² For unto us was <u>the gospel</u> preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it. (the gospel – the good news)

(They heard but they didn't believe; so they didn't profit spiritually from God's Word)

³ For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the <u>foundation</u> of the world. (Foundation = katabole <Greek>; the failed rebellion, and downfall of Satan against God)

(Before the katabole, God made a resting place <peace of mind> for all those who believe in Him and love Him) see Psalms-95:11

Ephesians-1:4 (God chose the Elect in the First Age, because they sided with Him, against Satan's rebellion <the katabole>. We were all there with God, in our spiritual bodies. But only a small few sided with God)

NOTES: (That's why God destroyed the First Age. He made us and Himself to pass once into flesh bodies when He said – Let us make man in OUR image. That began the Second Age)

(We all have to come into the world as flesh and blood people; to decide whether we will choose God's ways or whether we will choose the ways of the world. We all choose our own fate before judgment day. That is the so-called meaning of life that so many people strive to understand. It is all written for us in the Bible, but most people have never read it)

⁴ For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works.

Genesis-2 (Today, our Sabbath Day as Christians is in Jesus Christ. We sabbath every day in His love. Our rest is our peace of mind in God's salvation for us)

- ⁵ And in this place again, If they shall enter into my rest. (We must choose to enter; it's up to us)
- ⁶ Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached <u>entered not in because of unbelief</u>: (Their lack of faith harmed them. They didn't enter into God's rest)
- ⁷Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts. Psalms-95:7 (Open your mind to God and be blessed)
- ⁸ For if <u>Jesus</u> had given them rest, then would he not afterward have spoken of another day. (Jesus in this verse should have been translated Joshua. He was the man who led the Israelites into the Promised Land, because Moses was not allowed to enter)

(Joshua was a type for Jesus, who will lead us into the Promised Land at the end of this Age. The Promised Land that Joshua led Israel into was not eternal. The Promised Land that Jesus will lead us into will be eternal)

- There remaineth therefore a <u>rest</u> to the people of God. (Rest = Sabbath peace of mind) (Our word sabbatical comes from this word)
- ¹⁰ For he that is entered into his rest, <u>he also hath ceased from his own</u> works, as God did from his.

Collosians-2:14-17 (Jesus fulfilled all the blood ordinances on the cross. The law <Ten Commandments> remains forever, but the ordinances were done away with for all time)

1Corinthians-5:7 (Christ became our Sabbath, our Passover. Our rest is in His teachings; and in His salvation for us, if we choose it. That is the true meaning of Christianity)

- ¹¹Let us labour therefore to enter into that rest, <u>lest any man fall after</u> the same example of <u>unbelief</u>. (Unbelief would rob us of the rest that Jesus gave us. Let us study and learn, in order to enter into that rest)
- ¹² For the word of God is <u>quick</u>, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. (Quick = alive better translation) (Jesus <God in the flesh> is the Living Word) see John-1:1
- 1 Corinthians-15:40-44 (Our soul is our self. We have 2 bodies a flesh body for the Second Age; and a spiritual body for the First and Third Ages)
- ¹³ Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do. (God can see into our minds because He created us. There are no secrets where God is concerned)
- ¹⁴ Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. (Jesus is God in the flesh <One God, many offices>. God begat Himself into the flesh, through Mary. HE lived a life in this world, as a man, just like we do. Our high priest today is Jesus Christ. HE is our advocate, against the evils of this world)
- ¹⁵ For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. (Jesus lived a sin-free life as an example to us. HE is our High Priest. HE is our guide through this world)
- ¹⁶ Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. (Because of Jesus' sacrifice on the cross, we can enter into His sight and receive the rest that He gave us. We don't need men to serve as high priest)